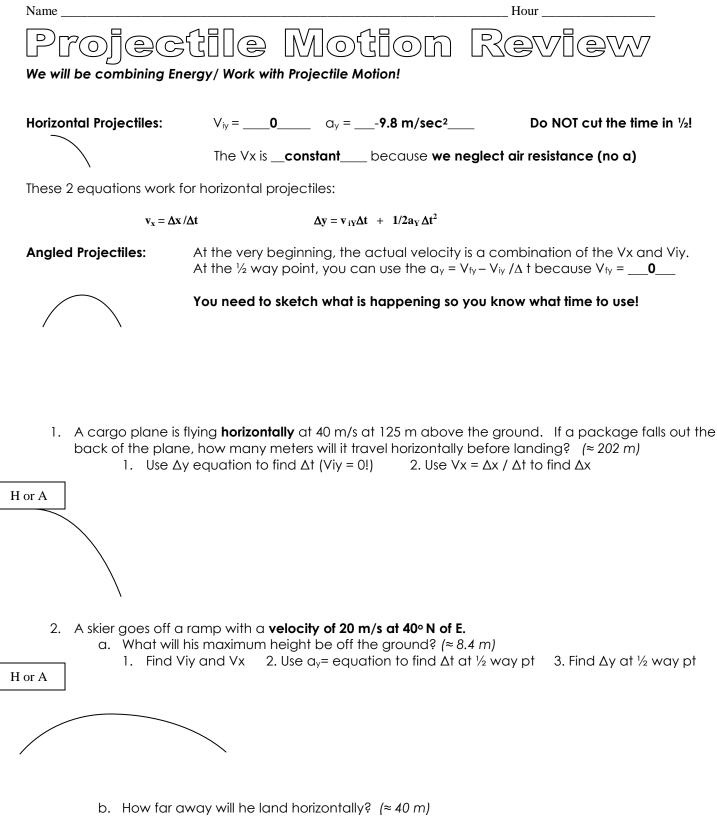
## Energy Problems- Level 1

1.	What is kinetic energy?
2.	What is potential energy?
3.	What is the unit for energy?
4.	If you are not moving, what is your kinetic energy?
5.	If you are standing on the ground, what is your potential energy?
6.	If you double the height you are off of the ground, what happens to your potential energy?
7.	If you double the speed you are traveling at, what happens to your kinetic energy? (Be careful!) PE= 10 m KE=
8.	Fill in the blanks with the correct PE and KE for the picture on the right if the person standing on top has a mass of 75 kg and dives off.PE= 5 m5 mKE=
9.	0 m PE= KE= If you start off with 5 J of K.E. and lose 2 J of K.E., how much P.E. will you gain?
-	Fill in the energy values for the swinging pendulum
	It stops at the top. $PE = \_10\_J$ $KE = \J$
11.	A 10-lb. bowling ball moves at 3 m/s. <b>a.</b> How much K.E. does it have? (ans. 20.5 J)
	<b>b.</b> How fast must a 2.45-g ping pong ball move to have the same K.E.? (129 m/s)
12	<ul> <li>A child slides down a slide that is 2 meters high. Use the conservation of energy to calculate his speed at the bottom assuming he started from rest at the top. (ans. 6.3 m/s)</li> <li>(If you do not know how to do this, look in your notes)</li> <li>G: hi=</li> </ul>
	hf= vi= U: vf= E: mgh <sub>i</sub> + <sup>1</sup> / <sub>2</sub> mv <sub>i</sub> <sup>2</sup> = mgh <sub>f</sub> + <sup>1</sup> / <sub>2</sub> mv <sub>f</sub> <sup>2</sup> Remember the mass cancels out. gh <sub>i</sub> + <sup>1</sup> / <sub>2</sub> v <sub>i</sub> <sup>2</sup> = gh <sub>f</sub> + <sup>1</sup> / <sub>2</sub> v <sub>f</sub> <sup>2</sup>
AN	$gn_i + \frac{\gamma_2}{v_i} - gn_f + \frac{\gamma_2}{v_f} v_f$



 $Vx = \Delta x / \Delta t$  ... but you need  $\Delta t$  all the way at the end!