$\qquad$ Hour $\qquad$

## Energy Problems- Level 1

1. What is kinetic energy? $\qquad$
2. What is potential energy? $\qquad$
3. What is the unit for energy? $\qquad$
4. If you are not moving, what is your kinetic energy? $\qquad$
5. If you are standing on the ground, what is your potential energy? $\qquad$
6. If you double the height you are off of the ground, what happens to your potential energy? $\qquad$
7. If you double the speed you are traveling at, what happens to your kinetic energy? (Be carefu!!)
$\qquad$ $10 \mathrm{~m} \quad \begin{aligned} & \mathrm{m} \\ & 0 \mathrm{~m}\end{aligned} \quad \begin{aligned} & \mathrm{PE}= \\ & \mathrm{KE}= \\ & \mathrm{PE}= \\ & \mathrm{KE}= \\ & \mathrm{PE}=\end{aligned}$ $\mathrm{KE}=$
8. If you start off with 5 J of K.E. and lose 2 J of K.E., how much P.E. will you gain? $\qquad$
9. Fill in the energy values for the swinging pendulum It stops at the top.

$$
\mathrm{PE}=10 \mathrm{~J}
$$

$K E=$ $\qquad$

$\qquad$
PE = J

At the bottom, $h=0 \mathrm{~m}$.
$\mathrm{PE}=$ $\qquad$ J
11. A 10-lb. bowling ball moves at $3 \mathrm{~m} / \mathrm{s}$.
$K E=$ $\qquad$ J
a. How much K.E. does it have? (ans. 20.5 J )
b. How fast must a $2.45-\mathrm{g}$ ping pong ball move to have the same K.E.? ( $129 \mathrm{~m} / \mathrm{s}$ )
12. A child slides down a slide that is 2 meters high. Use the conservation of energy to calculate his speed at the bottom assuming he started from rest at the top. (ans. $6.3 \mathrm{~m} / \mathrm{s}$ )
(If you do not know how to do this, look in your notes)
G : $\mathrm{hi}=$
$\mathrm{hf}=$
vi=
U: vf=
E: $\mathrm{mgh}_{\mathrm{i}}+1 / 2 \mathrm{mv}_{\mathrm{i}}^{2}=\mathrm{mgh}_{\mathrm{f}}+1 / 2 \mathrm{mv}_{\mathrm{f}}^{2}$ Remember the mass cancels out. $\mathrm{gh}_{\mathrm{i}}+1 / 2 \mathrm{v}_{\mathrm{i}}^{2}=\mathrm{gh}_{\mathrm{f}}+1 / 2 \mathrm{v}_{\mathrm{f}}^{2}$
$\qquad$ Hour $\qquad$


We will be combining Energy/ Work with Projectile Motion!

$$
\begin{array}{ll}
\text { Horizontal Projectiles: } & V_{i y}=\ldots 0_{1} \quad a_{y}=\ldots-9.8 \mathrm{~m} / \mathrm{sec}^{2} \_\quad \text { Do NOT cut the time in } 1 / 2! \\
& \text { The } \mathrm{Vx} \text { is __constant___ because we neglect air resistance (no a) }
\end{array}
$$

These 2 equations work for horizontal projectiles:

$$
\mathbf{v}_{\mathrm{x}}=\Delta \mathrm{x} / \Delta \mathrm{t} \quad \Delta \mathrm{y}=\mathbf{v}_{\mathrm{iY}} \Delta \mathrm{t}+\mathbf{1} / \mathbf{2} \mathrm{a}_{\mathrm{Y}} \Delta \mathrm{t}^{2}
$$

Angled Projectiles: At the very beginning, the actual velocity is a combination of the Vx and Viy. At the $1 / 2$ way point, you can use the $a_{y}=V_{f y}-V_{\text {iy }} / \Delta \dagger$ because $V_{f y}=\ldots \quad \mathbf{0}$


## You need to sketch what is happening so you know what time to use!

1. A cargo plane is flying horizontally at $40 \mathrm{~m} / \mathrm{s}$ at 125 m above the ground. If a package falls out the back of the plane, how many meters will it travel horizontally before landing? ( $\approx 202 \mathrm{~m}$ )
2. Use $\Delta y$ equation to find $\Delta t$ (Viy $=0$ !) 2. Use $V x=\Delta x / \Delta t$ to find $\Delta x$

3. A skier goes off a ramp with a velocity of $\mathbf{2 0} \mathbf{m} / \mathrm{s}$ at $\mathbf{4 0} \mathbf{0} \mathbf{N}$ of $\mathbf{E}$.
a. What will his maximum height be off the ground? ( $\approx 8.4 \mathrm{~m}$ )
4. Find Viy and Vx
5. Use $a_{y}=$ equation to find $\Delta t$ at $1 / 2$ way $p t$
6. Find $\Delta y$ at $1 / 2$ way pt

H or A

b. How far away will he land horizontally? ( $\approx 40 \mathrm{~m}$ )
$V x=\Delta x / \Delta t \quad \ldots$ but you need $\Delta t$ all the way at the end!

